

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>EAT OFTEN</b></p> <p><b>EAT OCCASIONALLY</b></p> <p><b>EAT RARELY</b></p> <p><b>July 2024</b></p>	<p><b>1 JUL</b></p> <p><b>L</b> Roast Beef Chicken Cordon Bleu Pasta Primavera <b>D</b> Turkey Nuggets Beef &amp; Corn Pie Bourbon Chicken</p>	<p><b>2 JUL</b></p> <p><b>L</b> Chicken Kabob Pepper Steak Tuna Noodles <b>D</b> Sweet &amp; Spicy Orange Salmon Steak Ranchero Cheese Tortellini with Marinara</p>	<p><b>3 JUL</b></p> <p><b>L</b> Beef Brogul Pork Schnitzel Onion-Lemon Baked Fish <b>D</b> Almond Crusted Cod Hamburger Yakisoba Cranberry Glazed Chicken</p>	<p><b>4 JUL</b></p> <p><b>L</b> Baked Chicken BBQ Spareribs Lemon Pepper Catfish <b>D</b> BBQ Beef Cubes Chicken Enchilada Baked Florentine Turkey Roulade</p>	<p><b>5 JUL</b></p> <p><b>L</b> Tuna Noodles Stuffed Green Peppers w/Turkey &amp; Lentils Swiss Steak w/Brown Gravy <b>D</b> Lasagna Chicken Cacciatore Italian Broccoli Pasta</p>	<p><b>6 JUL</b></p> <p><b>L</b> Grilled Honey Sriracha Chicken Chili Mac Shrimp Chop Suey <b>D</b> Jamaican Chicken Braised Spareribs Salisbury Grilled Salmon</p>
<p><b>7 JUL</b></p> <p><b>L</b> Turkey Ala King Country Style Fried Steak Baja Baked Cod <b>D</b> Swedish Meatballs(Turkey) Polynesian Fillet Steak Smothered in Onions</p>	<p><b>8 JUL</b></p> <p><b>L</b> Oriental Pepper Steak Chicken Parmesan Baked Fish w/Lemon Garlic Butter <b>D</b> Pork Roast Tenderloin Tuna Noodles Savory Baked Chicken</p>	<p><b>9 JUL</b></p> <p><b>L</b> Basil Baked Fish Turkey Breast Fillet Pasta Provencal <b>D</b> Baja Fish Taco Baked Mexican Chicken Beef Stir Fry</p>	<p><b>10 JUL</b></p> <p><b>L</b> Spicy Catfish Poboy Grilled Pork Chops Cajun Meatloaf <b>D</b> Onion-Lemon Baked Fish Simmered Beef Cajun Chicken</p>	<p><b>11 JUL</b></p> <p><b>L</b> Baked Dijon Pork Chop Spinach Lasagna Baked Florentine Turkey Roulade <b>D</b> Baked Salmon Pineapple BBQ Meatballs Honey Mustard Chicken Breast</p>	<p><b>12 JUL</b></p> <p><b>L</b> Roast Turkey Cheese Tortellini w/Marina Stuffed (Beef) Green Peppers <b>D</b> Turkey &amp; Spinach Meatloaf Parmesan Fish Crispy Oven Baked Chicken</p>	<p><b>13 JUL</b></p> <p><b>L</b> Baked Chicken Southwestern Shrimp Linguine Beef Bulgogi <b>D</b> Honey Ginger Chicken Salisbury Steak Cheese Manicotti</p>
<p><b>14 JUL</b></p> <p><b>L</b> Creole Fish Fillets Stir Fry Chicken w/Broccoli Teriyaki Steak <b>D</b> Chicken Ala King Baked Fish Pasta Primavera</p>	<p><b>15 JUL</b></p> <p><b>L</b> Southwestern Sweet Potatoes Black Beans &amp; Corn Simmered Beef Almond Crusted Cod <b>D</b> Spaghetti w/Turkey Meat Sauce Baked Fish w/Lemon Garlic Butter Stir Fried Garden Veggies w/Marinated Tofu &amp; Brown Rice</p>	<p><b>16 JUL</b></p> <p><b>L</b> Chili Mac Basil Baked Fish Teriyaki Chicken <b>D</b> Pork Roast Tenderloin Baja Baked Cod Pasta Provencal</p>	<p><b>17 JUL</b></p> <p><b>L</b> Shrimp Kabob Ginger BBQ Chicken Lemon Basil Pasta <b>D</b> Marinated Tomatoes w/Penne &amp; Basil Southern Fried Catfish Sweet Chilli BBQ Meatballs</p>	<p><b>18 JUL</b></p> <p><b>L</b> Honey Mustard Chicken Breast Ziti w/Meat Sauce Baked Fish <b>D</b> Hot &amp; Spicy Chicken Pasta Toscano Cantonese Spareribs</p>	<p><b>19 JUL</b></p> <p><b>L</b> Polish Sausage Baked Salmon Hamburger Yakisoba <b>D</b> Roast Beef Shrimp Scampi German Chicken Schnitzel</p>	<p><b>20 JUL</b></p> <p><b>L</b> Santa Fe Glazed Chicken Baked Dijon Pork Chop Beef Ball Stroganoff <b>D</b> Salmon w/Maple Ginger Glaze Stuffed Green Peppers w/Turkey &amp; Lentils Pasta Primavera</p>
<p><b>21 JUL</b></p> <p><b>L</b> Cheese Tortellini w/Marina French Fried Shrimp Bourbon Chicken <b>D</b> Beef Pot Pie Lemon Baked Fish Herbed Baked Chicken</p>	<p><b>22 JUL</b></p> <p><b>L</b> Caribbean Catfish Jerk Roast Turkey Stuffed Green Peppers (Beef) <b>D</b> Southwestern Sweet Potatoes, Black Beans, and Corn Beef Stew Chicken Breast Dijon</p>	<p><b>23 JUL</b></p> <p><b>L</b> Baked Fish Meat Loaf Baked Chicken <b>D</b> BBQ Beef Cubes Southwestern Fish Grilled Pork Chops</p>	<p><b>24 JUL</b></p> <p><b>L</b> Lemon Basil Shrimp Pasta Mambo Pork Roast Grilled Chicken w/Mustard Sauce <b>D</b> Grilled Steak Roast Turkey Mediterranean Salmon</p>	<p><b>25 JUL</b></p> <p><b>L</b> Lemon Pepper Catfish Southern Fried Chicken BBQ Brisket <b>D</b> Crispy Oven Baked Chicken Roast Beef Parmesan Crusted Cod</p>	<p><b>26 JUL</b></p> <p><b>L</b> Chicken Florentine Italian Broccoli Pasta Stuffed Baked Pork Chops <b>D</b> Greek Lemon Turkey Pasta Savory Baked Chicken Oven Fried Fish</p>	<p><b>27 JUL</b></p> <p><b>L</b> French Fried Shrimp Hot &amp; Spicy Chicken Ziti w/Meat Sauce <b>D</b> Beef Stir Fry Chicken Bulgogi Baked Stuffed Fish</p>
<p><b>28 JUL</b></p> <p><b>L</b> Turkey Lentil Chili Shrimp Jambalaya Southern Fried Chicken <b>D</b> Baked Dijon Pork Chops Chili Mac Lemon Pepper Catfish</p>	<p><b>29 JUL</b></p> <p><b>L</b> Roast Beef Chicken Cordon Bleu Pasta Primavera <b>D</b> Turkey Nuggets Beef &amp; Corn Pie Bourbon Chicken</p>	<p><b>30 JUL</b></p> <p><b>L</b> Chicken Kabob Pepper Steak Tuna Noodles <b>D</b> Sweet &amp; Spicy Orange Salmon Steak Ranchero Cheese Tortellini with Marinara</p>	<p><b>31 JUL</b></p> <p><b>L</b> Beef Brogul Pork Schnitzel Onion-Lemon Baked Fish <b>D</b> Almond Crusted Cod Hamburger Yakisoba Cranberry Glazed Chicken</p>			
		<p>Food Service Office, 676-2080 Email @ <a href="mailto:82FSS.FSVFQualityAssuranceQAStaff@us.af.mil">82FSS.FSVFQualityAssuranceQAStaff@us.af.mil</a> WEBSITE @ <a href="http://www.82fss.com">http://www.82fss.com</a></p>				<p><b>EAT OFTEN</b></p> <p><b>EAT OCCASIONALLY</b></p> <p><b>EAT RARELY</b></p> <p><b>July 2024</b></p>
		<p><b>NOTE:</b> Menus are subject to change without notice when scheduled menu items are not available.</p>				