

TRANSITION ASSISTANCE PROGRAM (TAP) 2026 SCHEDULE

What is TAP?

TAP is a 4-part congressionally mandated program for anyone separating or retiring, regardless of characterization of discharge. Completion of **Step 1- Initial Counseling**, and **Step 2- Pre-Separation Counseling** must occur NLT 365 days prior to the service members anticipated date of separation or retirement.

How to Begin TAP:

Contact the M&FRCC at 82fss.Sheppard.TAP@us.af.mil and you will be assigned a TAP Counselor who will guide you through the entire TAP process. Attending TAP does not imply separation or retirement, it is informal. Start TAP within your DOS/Retirement window.

TAP WINDOW

Retirees

18-24 months from retirement
Make an appointment with a TAP counselor to begin the process

Separatees

14-18 months from Date of Separation or Active Duty Services Commitment

Make an appointment with a TAP counselor to begin the process

Administrative/Medical Separatees/Retirees

Contact us ASAP to begin the TAP process.

TAP WEEK

TAP Workshop 0800-1630

Initial and Pre-Separation Counseling are pre-requisites for attending workshop. Civilian attire recommended.

April	14-16
May	12-14
June	2-4 *
	23-25
July	14-16
August	11-13
	25-27 *
September	15-17
October	20-22
November	3-5 *
	17-19
December	8-10

* Senior TAP limited to E7+, O4+

ADDITIONAL COURSES

Dept. of Labor Employment Track

Dept. of Labor Career & Credential Exploration Track (C2E)

Managing Your (My) Education Track

Boots 2 Business Track

Tricare for Retirees

To see dates and
RSVP scan QR
code or visit:

[tockify.com/
sheppard.mfrc](https://tockify.com/sheppard.mfrc)

